



Do you want to experience the excitement and challenge of cycling in a pristine mountain region in Central Spain at your own pace but with friendly hosts that will welcome you, give you the lay of the land, help you plan your day and have your back should you need a plan B? **Go Cycle...Tours** has the plan for you. You can build your own tour incorporating alternative “add on” activities and amenities with the confidence that your cycling experience will be second to none. There will be a wide variety of exciting routes that you can scale to your cycling ability or daily ambition with the possibility of alternative activities should you need a break from the saddle. Or you can simply choose to relax and enjoy a spa circuit, some hiking, visit the UNESCO city of Segovia, or a quiet stroll in these peaceful and breathtaking surroundings. It’s up to you...it’s your own personalised **Go Cycle Segovia** experience, so make it *your* experience of a lifetime.



**Go Cycle...Tours** is a Spanish Canadian initiative combining stimulating and challenging cycling tours in some of those yet to be discovered places that constitute true cycling paradises. The

qualification of cycling paradise is based on different elements ranging from scenery to quality of roads, variety, and challenges of routes to cultural experiences, fine cuisine and enological (wine) discoveries. The main purpose of these tours is to have fun and enjoy the cycling, the scenery, the culture, and alternate adventures you may decide to include in your package. The Go Cycle Segovia tour is designed to accommodate intermediate to advanced cyclists looking to push themselves out of their comfort zone, with routes ranging from 40-60-80-120 kms over varied terrain with moderate level climbs (more advanced climbs can be worked into the itinerary too).

## Go Cycle Segovia, Spain



This trip is designed for people looking to *get away from the maddening crowds* and cycle some spectacular off the beaten track roads while immersing themselves in authentic Spanish culture and history! Your experience will include an intimate tour of the best cycling in this region of central Spain, a quick Spanish immersion in language, food and culture and an opportunity to this with people who share a common vision of a well-balanced life! Spain is different as the saying goes, but we will show you a *different* Spain!



The Segovia region is in the Castile-Leon region of Spain, on the north side of the Guadarrama mountain range just over an hour north of Madrid. You are in the land of kings, queens, castles and knights in shining armor... not to mention the many spectacular testaments of Roman civilization centuries ago. The province is home to the UNESCO city of Segovia with its awe-striking Roman aqueduct, Gothic cathedral and fairy-tale Alcázar (fortress).



Picture yourself whizzing down the peak of Navacerrada, Madrid's winter ski station at 1880m, navigating the 7 *revueltas* ("hairpins") as they are known to local cyclists. This is a Madrid training classic for both pro and semipro cyclists! We will pass through dense forests of the fragrant, native Valsain pines and sweep through historic villages like La Granja de San Idelfonso with its decadent palace and Versailles-like gardens.



Castillo de Turégano – Church outside Valdevacas





Royal Site of the Granja de San Idelfonso

This tour is based out of a picturesque and pristine village, Torrecaballeros, just 15 minutes from the UNESCO site of Segovia. In and around Torrecaballeros, the roads are optimal for cycling given the variety of routes, historic and picturesque towns, and the lack of traffic. Each day you will set out from the village on a different and interesting day trip. There is a variety of terrain and many different historic and quaint towns and villages that you can visit each day you ride. Spain has redeveloped its road system over the last 25 years. All the old roads that connect the mountain towns and villages have basically been abandoned which makes for ideal cycling. In addition, there is always a bar/ restaurant /gas station within a short distance.



El Palacio de la Granja de San Idelfonso – a chapel near Rio Frio

## The Trip

This is a weeklong adventure from Sunday to Friday. From Madrid, Adolfo Suarez (Barajas), Airport it takes just over an hour to arrive at your destination, Torrecaballeros. Once you arrive, you will only need a bike or your feet to get around. **Please note you can BYOB (Bring Your Own Bike) rent from <https://www.cycling-rentals.com/> or any other provider. We strongly advise getting into Madrid the day prior to the start date of the tour to ensure you and your bike arrive on time for the airport transfer and tour start.**

Please find transportation options and suggestions at the end of this document to make things a bit easier for you. If you need help arranging transportation from the Madrid Adolfo Suarez (MAD) airport to Torrecaballeros, just let us know.

Your tour will be based at beautifully appointed Rancho de Adeguela, a four-star property in the quaint and pristine village of Torrecaballeros, at the base of the Sierra de Guadarrama. Torrecaballeros was an old agricultural village dating back to medieval times. The Rancho is an old sheep farm (with its own chapel) that was restored and converted into restaurants and hotels with picturesque, spacious grounds and gardens that invite you to relax and immerse yourself in the peaceful beauty of your surroundings.

## 2023 Pricing

Pricing per Person euros	
Price <b>does not</b> include: airfare, bike, transfer to tour base, lunches, health insurance or other expenses.	
Double Occupancy	€900
Single Occupancy	€1,050

Installment Plan – the trip can be paid for in two equal installments payments with the first installment to be paid upon booking. For payments via Paypal add a 4% processing fee.

### The trip package includes:

1. 5 nights (6 days) accommodation at a beautifully appointed superior 4-star hotel
2. Meals include: Gourmet breakfast and Gourmet Evening Dinners (including wine/beer, soft drinks). Packed picnic lunches for the road.
3. Exclusive Go Cycle cycling jersey.
4. Welcome drinks and orientation.
5. Digital Cycling maps
6. Phone with prepaid card for guide hotline
7. Access to spa area and outdoor pool





The Rancho de Adegüela property and rooms

### Alternative Activities\* to add on to your package (\*extra costs apply)

**Spa facility** - Included in your programme will be access to the Rancho's onsite spa and covered pool. You will have an opportunity to soak your weary muscles and bones and tone up for your next day of cycling. Massages can be pre-booked at extra cost.



**Trekking in the Guadarrama mountains** – We will take a day off the seat to hike the Guadarrama mountains. You'll enjoy some of its stunning peaks notably Penalara, the highest peak at over 2400m and its beautiful cirque, breathtaking views and home to one of Spain's oldest and most emblematic mountaineering clubs.



**Cultural Visit to Medieval city of Segovia** - Included in your tour is a guided walking tour of Segovia for you to visit some of the monumental wonders of this magnificent UNESCO site with some free time to wander the medieval historic centre.





**Go Cycle Exclusive – In Vino Veritas,** but how about learning some truths about wine...or merely stopping to enjoy its multi sensorial pleasures accompanied by tapas?

Spain certified Level 3 Sommelier, Marlene will take you on a sensorial visit around Spain through some of its great wines. You will learn more about the world's number one grape grower and producer of the largest varieties of wine and how its varied geography and climate gives way to so many distinct and recognised wine regions.



**And let us not forget about Food Glorious Food!**



This tour includes a tour of some of Spain's amazing culinary treats that are world renown. Don't miss out on this opportunity to delight your palate and try new and delicious flavours that will leave your tastebuds tingling.



## Your Well-Being and Enjoyment is our priority.



We have already underlined that the main goal of this trip is to have fun, feel challenged and experience something new and exciting. It is important to listen to your body (and even your mind) and not push yourself beyond your means. There is lots of riding to do and you have many days to enjoy the roads. We encourage you to reach your cycling goals but within reason.

Roadside sweeps can be arranged should any incident occur. Should the need arise, there is a medical centre and hospital in Segovia about 15 minutes from your base for the tour.

Having proper medical and accident insurance is a *must* to participate in our tours.

We look forward to welcoming you to Segovia for this week-long adventure and ensuring that it constitutes an outstanding memorable experience for each and every participant. For questions or more information, contact us: [gocycletours@gmail.com](mailto:gocycletours@gmail.com)

Visit our website [www.gocycletours.net](http://www.gocycletours.net) and follow us on Facebook GoCycleTours and Instagram [gocycle\\_tours](https://www.instagram.com/gocycle_tours)