



Go Cycle...Tours is a Spanish Canadian initiative combining stimulating and challenging cycling tours in some of those yet to be discovered places that constitute true cycling paradises. The qualification of cycling paradise is based on different elements ranging from scenery to quality of roads, variety and challenges of routes to cultural experiences, fine cuisine and enological (wine) discoveries. The main purpose of these tours is to have fun and enjoy the cycling and alternate adventures included with the tour. Our tours are designed to accommodate intermediate to advanced cyclists with routes ranging from 60-120 kms over varied terrain with some moderate to more advanced climbs. Our groups consist of maximum 10 cyclists.

Go Cycle Segovia, Spain



This trip is designed for people looking to *get away from the maddening crowds* and cycle some spectacular off the beaten track roads while immersing themselves in authentic Spanish culture and history! Your experience will include an intimate tour of the best cycling in this region of central Spain, a quick Spanish immersion in language, food and culture and an opportunity to this with people who share a common vision of a well-balanced life! Spain is different as the saying goes, but we will show you a *different* Spain!

The Segovia region is in the Castile-Leon region of Spain, on the north side of the Guadarrama mountain range just over an hour north of Madrid. You are in the land of kings, queens, castles and knights in shining armor... not to mention the many spectacular testaments of Roman civilization centuries ago. The province is home to the UNESCO city of Segovia with its awe-striking Roman aqueduct, Gothic cathedral and fairy-tale Alcázar (fortress).



Picture yourself whizzing down the peak of Navacerrada, Madrid's winter ski station at 1880m, navigating the 7 *revueltas* ("hairpins") as they are known to local cyclists. This is a Madrid training classic for both pro and semipro cyclists! We will pass through dense forests of the fragrant, native Valsain pines and sweep through historic villages like La Granja de San Idelfonso with its decadent palace and Versailles-like gardens.



Castillo de Turégano – Church outside Valdevacas



Royal Site of the Granja de San Idelfonso

This tour is based out of a picturesque and pristine village, Torrecaballeros, just 15 minutes from the UNESCO site of Segovia. In and around Torrecaballeros, the roads are optimal for cycling given the variety of routes, historic and picturesque towns, and the lack of traffic. Each day we will set out from the village on a different and interesting day trip. There is a variety of terrain and many different historic and quaint towns and villages that we will visit each day we ride. Spain has redeveloped its road system over the last 25 years. All the old roads that connect the mountain towns and villages have basically been abandoned which makes for ideal cycling. In addition, there is always a bar/ restaurant /gas station within a short distance.



El Palacio de la Granja de San Idelfonso – a chapel near Rio Frio

Your Host

Marlene Smith



Marlene, a Canadian and Spanish citizen, has lived in Europe for more than 30 years and speaks 4 languages. She spent the past 3 years in Calgary, Canada immersing her sons in their Canadian culture and education and is now back in Spain to further develop Go Cycle and its destinations.

Marlene started her European adventure in Paris at the age of 18, studying languages, teaching English and French.

Language and travel was her passion, which brought her to Spain and eventually pursue an international career in the high-tech industry leading major projects in Europe and abroad.

Outside of Go Cycle, Marlene has organized cycling tours for family and friends in France, Italy, Switzerland, Canada and Spain. She also has a keen interest in mountaineering, gastronomy and wine including participating in starting up in a well-known winery, Aalto, and eventually becoming a Level 3 Certified Sommelier.

The Trip

This is a weeklong adventure from Saturday to Saturday. From Madrid, Adolfo Suarez (Barajas), Airport it takes just over an hour to arrive at your destination, Torrecaballeros. Once you arrive, you will only need a bike or your feet to get around. **Please note you can BYOB (Bring Your Own Bike) or rent with <https://www.cycling-rentals.com/> or other providers. We strongly advise getting into Madrid the day prior to the start date of the tour to ensure you and your bike arrive on time for the airport transfer and tour start.**

Please find transportation options and suggestions at the end of this document to make things a bit easier for you. If you need help arranging transportation from the Madrid Adolfo Suarez (MAD) airport to Torrecaballeros, just let us know.

Our tour will be based at beautifully appointed Rancho de Adeguela, a four-star property in the quaint and pristine village of Torrecaballeros, at the base of the Sierra de Guadarrama. Torrecaballeros was an old agricultural village dating back to medieval times. The Rancho is an old sheep farm (with its own chapel) that was restored and converted into restaurants and hotels with picturesque, spacious grounds and gardens that invite you to relax and immerse yourself in the peaceful beauty of your surroundings.

2023 Pricing

Pricing per Person euros	
Price does not include: airfare, bike, transfer to tour base, lunches, health insurance or other expenses.	
Double Occupancy	€2,000
Single Occupancy	€2,200

Installment Plan – the trip can be paid for in three equal installments payments with the first installment to be paid upon booking. For payments via Paypal add a 4% processing fee.

The trip package includes:

1. 6 nights (7days) accommodation at a beautifully appointed superior 4-star hotel
2. Meals include: Gourmet breakfast and Gourmet Evening Dinners (including wine/beer, soft drinks)
3. Exclusive Go Cycle designed cycling jersey.
4. Cycling, trekking guides and support
5. ½ day guided mountain trek
6. Power bars, isotonic drinks, and coffees on the road
7. Group access to spa and pools
8. Guided Spanish Wine Tasting experience with Certified Sommelier
9. Guided Tour of UNESCO Heritage site of Segovia



The Rancho de Adegüela property and rooms

Activities included in your Tour Package

Spa facility - Included in your programme will be access to the Rancho's onsite spa and covered pool. You will have an opportunity to soak your weary muscles and bones and tone up for your next day of cycling. Massages can be pre-booked at extra cost.



Trekking in the Guadarrama mountains – We will take a day off the seat to hike the Guadarrama mountains. You'll enjoy some of its stunning peaks notably Penalara, the highest peak at over 2400m and its beautiful cirque, breathtaking views and home to one of Spain's oldest and most emblematic mountaineering clubs.



Cultural Visit to Medieval city of Segovia - Included in your tour is a guided walking tour of Segovia for you to visit some of the monumental wonders of this magnificent UNESCO site with some free time to wander the medieval historic centre.



A Go Cycle Tours bonus activity...

Go Cycle Exclusive – *In Vino Veritas*, but how about learning some truths about wine...or merely stopping to enjoy its multi sensorial pleasures accompanied by tapas?

Spain certified Level 3 Sommelier, Marlene will take you on a sensorial visit around Spain through some of its great wines. You will learn more about the world's number one grape grower and producer of the largest varieties of wine and how its varied geography and climate gives way to so many distinct and recognised wine regions.



And let us not forget about Food Glorious Food!



Your Well-Being and Enjoyment is our priority



We have already underlined that the main goal of this trip is to have fun, feel challenged and experience something new and exciting. It is important to take note that we can be flexible to certain needs should they arise as long as we know in sufficient advance. If someone feels too tired/sore to cycle one morning or afternoon or would prefer a walk, run, or hike in the near vicinity, we can suggest routes, provide maps for this, etc. If someone prefers to book a massage, spa treatment or simply wishes to hang out in the pleasant accommodations or in the village, this can be accommodated as well.

This is not a competition, and all routes will have shorter and longer alternatives to accommodate different levels and goals. All cyclists will be accompanied by one or more tour guides always. Roadside sweeps can also be arranged should any incident occur. We are here to encourage you to reach your goals and help you achieve them, but within reason.

We will have on hand basic first aid kits and there is a medical centre and hospital in Segovia about 15 minutes from our base for the tour.

We look forward to welcoming you to Segovia for this week-long adventure and ensuring that it constitutes an outstanding memorable experience for each and every participant. For questions or more information, contact us: gocycletours@gmail.com

Visit our website www.gocycletours.net and follow us on Facebook GoCycleTours and Instagram [gocycle_tours](#)